



GRACIE BARRA CHESTERFIELD

314-861-9635



MON

TUE

WED

THU

FRI

SAT

SUN

12:00 PM
GB 1
ADULT ALL LEVELS

4:45 PM
GB K
LC1 MAT 1

4:45 PM
GB K
LC2 MAT 2

5:30 PM
GB K
JUNIORS & TEENS
MAT 1

5:30-7PM
GB K
ADVANCED
MAT 2

6:30 PM
GB 1
ADULT ALL LEVELS

7:30 PM
GB 1
NO GI
ADULT ALL LEVELS

4:45 PM
GB K
LC1 MAT 1

4:45 PM
GB K
LC2 MAT 2

5:30 PM
GB K
LC2 MAT 2

5:30 PM
GB K
JUNIORS & TEENS
MAT 1

06:30 PM
GB F
WOMEN'S ONLY
ALL LEVELS

6:30-7:45 PM
GB 2
ADVANCED

7:30 PM
GB 1
ADULT ALL LEVELS

12:00 PM
GB 1
ADULT ALL LEVELS

4:45 PM
GB K
LC1 MAT 1

4:45 PM
GB K
LC2 MAT 2

5:30 PM
GB K
JUNIORS & TEENS
MAT 1

5:30-7PM
GB K
ADVANCED
MAT 2

6:30 PM
GB 1
ADULT ALL LEVELS

7:30 PM
GB 1
NO GI
ADULT ALL LEVELS

4:45 PM
GB K
LC1 MAT 1

4:45 PM
GB K
LC2 MAT 2

5:30 PM
GB K
LC2 MAT 2

5:30 PM
GB K
JUNIORS & TEENS
MAT 1

06:30 PM
GB F
WOMEN'S ONLY
ALL LEVELS

6:30-7:45 PM
GB 2
ADVANCED

7:30 PM
GB 1
ADULT ALL LEVELS

12:00 PM
GB 1
NO GI LIVE TRAINING
ADULT ALL LEVELS

4:45 PM
GB K
LC 1 & LC 2 NO GI

5:30 PM
GB K
JUNIORS & TEENS
NO GI

6:30 PM
GB 1
ADULT ALL LEVELS
WORKSHOP
LIVE TRAINING

9:00 AM
GB F
WOMEN NO GI
CONDITIONING

10:00 AM
GB K
LC1 & LC2

11:00 AM
GB K
LC 2 - JUNIORS
7-12 NO GI /
KICKBOXING

11:30 AM-1PM
GB 1
ADULT / TEENS
COMPETITION TEAM

12:00 PM
GB 1
ADULT ALL LEVELS

Empty box for Sunday classes.

GB K

LC 1 (Little Champions 1) 3-6 Years Old

LC 2 (Little Champions 2) 7-9 Years Old

Juniors 10-15 years old ADVANCED 8-15 Years old

GB 1
Adults All Levels

GB F WOMEN ONLY All Levels

GB 2
Adult White belt 3 stripes & up

*** REQUIRES INSTRUCTORS PERMISSION***